

## There is hope at the end of the tunnel.

By connecting with a community during your recovery your chances of success dramatically improve.

### You can begin to:

- Abstain from drugs & alcohol
- Find balance in your life
- Reunite with family & friends
- Learn new skills
- Live in freedom

Become an active and contributing member of your community. You can start today by completing an application.



Progress House, Inc.  
201 Shelby Street  
Indianapolis, IN 46202  
ProgressHouse.org  
(317) 637-9816

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Recovering From Addiction Is Hard, Especially When You Try to Do It Alone.



Progress House is a safe residential recovery program where you can begin to recover physically, mentally, and spiritually.

**Saving Lives and  
Serving Others Since 1961!**



# Is Addiction Ripping Your Life Apart?

Addiction is a disease that can make you feel:

**Broken - Ashamed - Powerless  
Hopeless - Alone**

But addiction recovery shouldn't be done alone. Everyone deserves to have a support system.



You need a place where people understand addiction & walk you through a proven program to recovery.



We know how hard it is to overcome addiction.

90% of the Progress House staff are in recovery and have lived experience.

**50,000+  
PEOPLE  
HELPED**

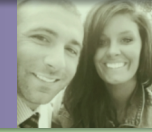
For over 58 years Progress House has been helping thousands of families experience freedom and hope.

**58  
YEARS  
HELPING  
FAMILIES**

Let our staff and our system guide you through the phases of your addiction recovery.

**90%  
OF STAFF IS  
IN RECOVERY**

Hear from some of the men who have succeeded through Progress House.



"I got my family relationships back, the legal problems went away and I became a productive and participating member of my own life again."

"I learned that to regain trust, I had to trust others. I learned that to love others meant showing up. I learned that by surrendering, I was victorious."



"I quit fighting everything and I began to engage the programming and the fellowship that was around me. It was like a light switch had been flipped inside me."

## The Path to Recovery With Progress House



### 1. Talk to Us

Give us a call and get your questions answered.



### 2. Schedule a Visit

We will meet with you, tell you about our program, and offer you a tour of our facility.



### 3. Follow the Program

By following our proven system, we will guide you towards recovery.



### 4. Transform Your Life

Give us a call and get your questions answered.

**Don't try to recover without a support system.**

**PROGRESS  
PH  
HOUSE**  
an Aspire company  
Indiana Health

**90% of recoveries fail when you try to do it alone.**

**If you don't change your life you could be faced with:**

**Continued abuse or relapse  
Incarceration  
Institutionalization  
Losing your loved ones**