

IL HOSA Newsletter

Fall 2022 edition



Welcome Back Illinois HOSA!!!

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Welcome Back

Illinois HOSA Beyond All Limits

"As HOSA enters a new year of leadership opportunities and new potential, we want to encourage members to go beyond what they and everyone else thinks is possible!

HOSA-Future Health Professionals! It's time for a new wave. This next year of HOSA leaders will change the game with innovations in education and in the health industry.

It's a new year, a time for new traditions and ways to do things. Change your perspective, adjust your goals and get ready to go BEYOND ALL LIMITS!"

-National HOSA Theme (www.hosa.org)



World Heart Day (Sept 29th)

In honor of World Heart Day we wanted to highlight a nationally known organization none other than Young Hearts For Life (YH4L).

The Young Hearts for Life®(YH4L) Cardiac Screening Program, nationally known for its unique model, has screened over 220,000 students for conditions that cause sudden cardiac death. This milestone is a first for any heart screening program of this kind in the United States.



How to get involved:

To learn more about Young Hearts 4 Life, you can visit their website: <https://www.yh4l.org>. There you can find information about screening opportunities and contests to help spread awareness

A message from Our President

Hey Illinois HOSA!

It was a ton of fun meeting everyone at the State Leadership Conference. I am very excited for what this year has to offer and I can not wait for our upcoming time together. My officer team and I are working our hardest to ensure the best year ahead for everyone, and I can not thank them enough. Make sure you are following our social media pages to see all of our work. This is also a great way for you to get connected with us! We want to hear your stories, suggestions, and questions - so make sure to interact on all platforms. I want to wish everyone the best as you kickoff your new academic year! Keep representing HOSA as the future medical professionals you all are.

- Jude Erasmus
IL HOSA President



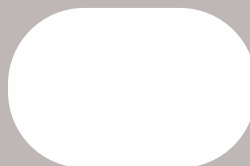
Official Patch



Colors of HOSA



Navy Blue = represents loyalty to the health care profession



Medical White = represent purity of purpose



Maroon = represents compassion of all HOSA members

2022-2023 State Officers



President – Jude Erasmus



Grade Level: Senior
Chapter: Mt. Vernon Township HS
Career Interest: Nephrologist



Vice President – Anish Nadella

Grade Level: Senior
Chapter: Adlai E. Stevenson HS
Career Interest: Orthopedic Surgery

Secretary – Preeti Rao



Grade Level: Senior
Chapter: Adlai E. Stevenson HS
Career Interest: Neurologist



Treasurer – Chloe Cardoza

Grade Level: Senior
Chapter: West Aurora HS
Career Interest: Sports Medicine &
Kinesiology



Reporter – Theodore Retsinas

Grade Level: Senior
Chapter: Amos Alonzo Stagg HS
Career Interest: Healthcare Administration



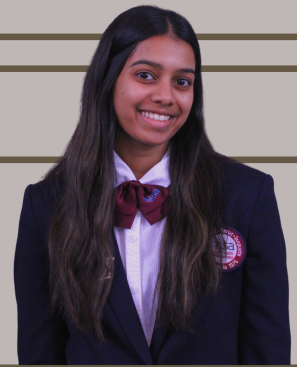
Parliamentarian – Katie Bach

Grade Level: Senior
Chapter: Mt. Vernon Township HS
Career Interest: Medical Finance or business



Sentinel – Samaira Alur

Grade Level: Junior
Chapter: Fremd HS
Career Interest: Pediatrician



Historian – Tanya Khosla

Grade Level: Senior
Chapter: Fremd HS
Career Interest: Dentist

Northern Area VP – Jill Patel

Grade Level: Junior
Chapter: West Aurora HS
Career Interest: Dentist



Southern Area VP – Jeremiah Stemm

Grade Level: Senior
Chapter: Herrin HS
Career Interest: Emergency Medicine



Student Member at Large Massillon Boyd Jr.

Grade Level: Sophomore
Chapter: West Aurora HS
Career Interest: Healthcare Administration



We asked our Officers:

What advice do you have for future officers?

Be confident. You don't have to be the best in anything just be confident. Believe in yourself and just take that chance.

-Vice President, Anish Nadella

Being an officer can be such a rewarding experience to bring opportunities to students around the state.

-Secretary, Preeti Rao

Be passionate about HOSA because it shows.

-Northern Area VP, Jill Patel

Don't let anything discourage you!

-Reporter, Theodore Retsinas

If you have ideas that could help HOSA, consider that your ticket to becoming a state officer. New ideas shape our future.

-Southern Area VP, Jeremiah Stemm

Always be confident in your ability and take every opportunity that comes your way.

-President, Jude Erasmus

ILC Recap

Where was it?

This year's International Leadership Conference was held in Nashville, Tennessee! The conference was centered around HOSA's unique competitive events program while also focusing on leadership development. There were plenty of educational seminars, workshops, and exhibits that members were able to attend, interact and explore.

We also met many other like minded future health professionals and made many new friends from all over the world. It was truly an amazing experience and we hope more Illinois HOSA members get the opportunity to experience it!



What about the pins?

One of the best and most fun ways to meet new people is through pin trading. Pin trading is huge at ILC. Each state has their own unique pin and everyone trades with each other. It's always so fun to see everyone get so into it and it really brings everyone together!



Who was there?

HOSA-Future Health Professionals enjoyed a return to the first in-person ILC since 2019 with 10,650 members, advisors, judges, and guests attending HOSA's 45th Annual International Leadership Conference

HOSA was represented by 54 chartered associations including American Samoa, Canada, China, Korea, and Puerto Rico!

ILC Qualifiers

Congratulations to the following Illinois HOSA students who received acknowledgment for their effort at ILC 2022.

Healthcare Issues Exam

Mastery Level - Ilhaam Qureshi

Academic Testing Center Events

Human Heredity

Top 10 - Srihas Rao (Stevenson HS)

Microbiology

3rd - Sarah Narula (Stevenson HS)

Top 10 - Naurisha Kapoor (Stevenson HS)

Leadership

1st - Anish Nadella (Stevenson HS)

Top 10 - Mia Robinson (Amos Alonzo Stagg HS)

Health Science Events

Dental Terminology

Top 10 - Alexander Zhuang (William Fremd HS)

Medical Math

3rd - Faizaan Siddique (Stevenson HS)

Pathophysiology

Top 10 - Helen Qian (Stevenson HS)

ILC Qualifiers

Health Professions Events

Biomedical Lab Science

Top 10 – Meera Khare (Stevenson HS)

Clinical Speciality

Top 10 – Sowmika Mannava (Stevenson HS)

Family Medicine Physician

Top 10 – Surabhi Gangadkar (Stevenson HS)

Personal Care

Top 10 – Porsha Foster (South Shore International College
Prep)

Emergency Preparedness Events

Emergency Medical Technician

Top 10 – Goswami & Sathiyam (Stevenson HS)

MRC Partnership

3rd – Harish & Govindarayan (Stevenson HS)

Extemporaneous Writing

Top 10 – Jennifer Huang (Stevenson HS)

ILC Qualifiers

Leadership Events

Extemporaneous Writing

Top 10 – Jennifer Huang (Stevenson HS)

Healthy Lifestyle

Top 10 – Nitya Borra (William Fremd HS)

Job Seeking Skills

3rd – Rohita Kotyada (Stevenson HS)

Prepared Speaking

Top 10 – Pranav Prasad (William Fremd HS)

Research Poster

Top 10 – Ananya Sharma (Barrington HS)

Teamwork Events

Health Education

Top 10 – Le Blanc; Froysheter; MO (Stevenson HS)

Congratulations to all who placed! Everyone did a fantastic job showing off their skills and representing Illinois HOSA.

Body Interact



At this years ILC, I, Jeremiah Stemm(left), lead my team with Evan Young(middle) and Reese Billingsley(right) in the Body Interact Tournament. Body Interact is a clinical program software that allows students to treat virtual patients under different settings (Pre-Hospital, Emergency Room, Consultation).

The patients in each scenario have varying medical problems and one will never know what scenario they will get. Based on Body Interact's physiological algorithm, the patient's condition progresses over time.

My team and I had to determine our own diagnosis and treatment plan while having to act swiftly to save the patients life.

On top of that we very given the opportunity to visualize the effects of the actions we took. We had to read visual and audible symptoms, dynamic dialogue, and monitor the patients vital signs in real-time. With a library of over 700+ virtual patient scenarios, me and my team couldn't just practice what to do in one instance, we had to know medically what needed to happen in ANY instance. This includes 80+ physical exams, 290+ complimentary exams (electrophysiology, imaging, lab tests, decision aids, and more), 200+ interventions (safety measures, position patients, etc) 600+ medications and prescriptions that the software will allow us to do.

We practiced so much, and after each simulation, detailed reports are available to help evaluate and reflect on our individual or group performance, as well as identify and understand correct and incorrect decisions. After hours of discussions, practice, clinical research, and memorization I am proud to say that we are International Champions. We placed 1st at HOSA's Body Interact Tournament. Along with this prestigious award, we received a grant for our school to use this program in classrooms, totalling a quantity of \$5,650.

FLC is coming!

Where is it?

We are super excited to announce that registration is now open for the 2022 Fall Leadership Conference. Illinois HOSA would like to invite all local chapter officers to join us at our first in-person conference of the year. The conference will be held on Monday, October 17 from 9:30am-2pm and will be held at the Wyndham Springfield city Centre in Springfield, IL.

More information will be shared to advisors via email. Members are encouraged to follow our instagram account (@hosa.illinois) to stay up to date with Conference updates.



Keynote Speaker

The purpose of the Fall Leadership Conference is for Local Chapter Leaders to cultivate leadership skills individually and as a team, learn useful tools to effectively manage a local chapter, and develop a local chapter program. Local chapter members will attend presentations from the Illinois HOSA 2022-2023 State Officer Team and sit in on an enlightening presentation from our Keynote speaker Kelly Barnes. The registration fee includes meals and a short-sleeved IL HOSA t-shirt.



Registration Deadline: October 7th

Please complete online registration form using the link on our website

Associated Fees:

Advisor Workshop \$50.00 (Includes 3 CPDU's, lunch & T-shirt)
Topics: ISBE updates; SLC updates, new competitive events information; HOSA best practices

Student Workshop \$30.00 (Includes lunch & T-shirt)
Topics: Leadership training; team building; state officer information

PLEASE LIMIT ATTENDANCE TO YOUR CHAPTERS OFFICER TEAM

Illinois HOSA Calendar

2022-23 Illinois HOSA calendar of events

July 25 - 27 - ICCCTSO State Officer workshop

September 12 - Board Meeting - Wyndham Springfield City Centre

October 15 - Affiliation deadline for HOSA 100 Club

October 17 - Fall Leadership Conference - Wyndham Springfield City Centre

November 1 Affiliation Deadline for 1st semester membership

*(Membership must be completed by November 1 to qualify for State Leadership Conference)

November 1 - 6 National HOSA Week

November 23 - Registration Deadline for SLC Preliminary Rounds

November 28 - December 2 - SLC Preliminary Rounds

December 4 & 5 - State Officer Retreat and Board Meeting

January 14 -Deadline for State Leadership Conference Registration

January 23 - Board Meeting - Wyndham Springfield City Centre

March 1 - 3 - State Leadership Conference - BOS Center, Springfield

Round 1 tests to be held February 13 - 17

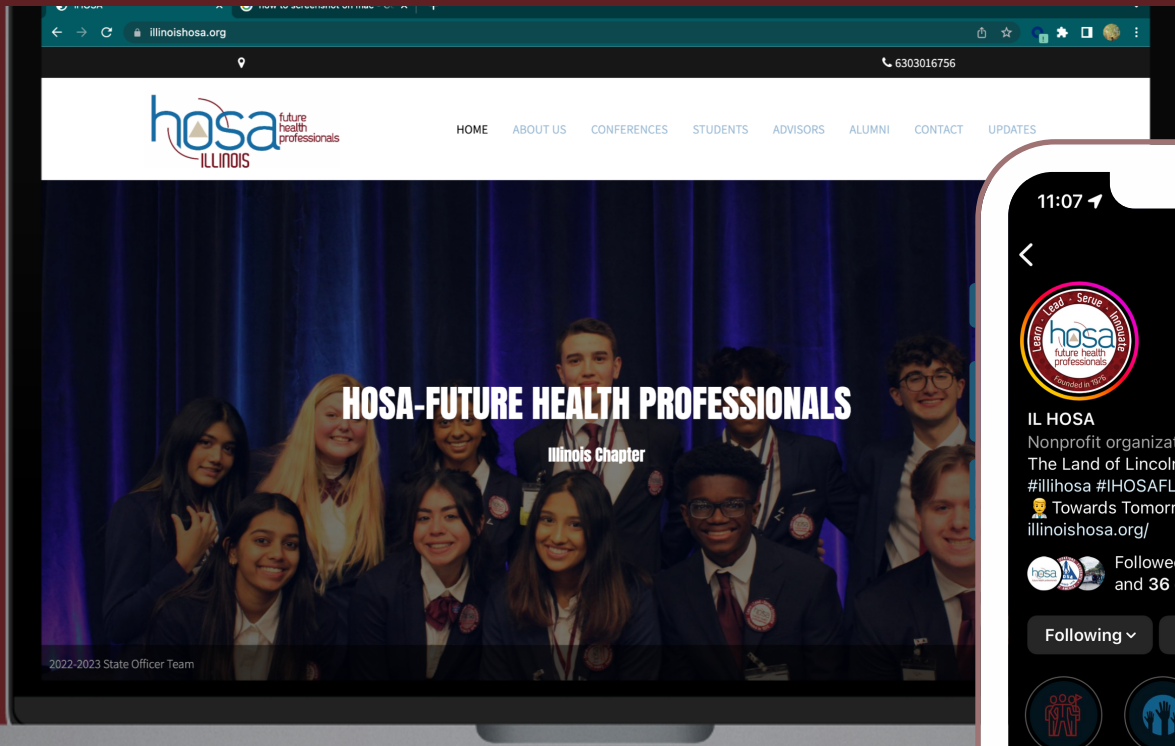
April 10 - Board Meeting

May 1 - Deadline for National HOSA Leadership Conference Registration

June 21 - 24 International HOSA Leadership Conference, Dallas, TX

Stay in the loop

FOLLOW US ON INSTAGRAM



CHECKOUT OUR NEW WEBSITE
WWW.ILLINOISHOSA.ORG

