

Geek In The Pink

Competition Step Sheet

DIVISION: NOVICE

Description: 32 counts. 4 Walls

Choreographer: Johanna Barnes

Music: "Geek in the pink" by Jason Mraz

Count in: 16 Counts after heavy beat kicks in.

Note: The dance will fade before the restart at approx 2.16



1-8 KNEE ROLLS R, L, ROCK RECOVER FORWARD AND BACK, STEP R, SCUFF/HITCH ½ TURN R

1 Step right foot forward while rolling right knee forward and clockwise, rotate hip to follow knee

2 Roll right knee back counter-clockwise and weight right, rotate hip to follow knee

3 Step left foot forward while rolling left knee forward and clockwise, rotate hip to follow knee

4 Roll left knee back, counter-clockwise and weight left, rotate hip to follow knee

5&6& Rock forward on right foot, recover weight onto left foot, rock back on right foot, recover weight onto left foot

7&8 Step right foot forward, scuff left heel forward and hitch right knee making ½ turn right, hold

9-16 STEP L, ½ PIVOT L, COASTER STEP, FUNKY FOOT SLIDES

1,2 Step forward on left, pivot a ½ turn LEFT and step weight back slightly on right

3&4 Step back on left foot, step right foot next to left, step left foot forward

5 Pushing off left foot, right slide on forward diagonal to 1.00 & angling body towards 11.00, while turning feet/knees out.

& Left slide next to right while closing feet and knees, angling body towards 1.00

6 Pushing off right foot, left slide on forward diagonal to 11.00 & angling body towards 1.00, while turning feet/knees out.

& Right slide next to left while closing feet and knees, angling body toward 11.00

7 Pushing off left foot, right slide on forward diagonal to 1.00 and angling body toward 11.00 while turning feet/knees out

& Left slide next to right closing feet/knees, angling body toward 1.00

8 Pushing off right foot, left slide on forward diagonal to 11.00 and angling body toward 1.00 while turning feet/knees out

17-24 RIGHT KICK, SHORT WEAVE LEFT, LEFT PRESS-RECOVER, LEFT SWEEP BEHIND, STEP RIGHT, ANKLE BREAKS, RIGHT STEP BACK, LEFT STEP LEFT, PUSH HIPS FORWARD AND BACK

& Right kick out quickly to right diagonal

1 Cross right behind left

& Step left to left side

2 Cross right foot over left

& Press left foot to left side

3 Recover weight onto right foot sweeping left foot round and behind right

4 Cross left foot behind right

& Step right foot to right side

5 Step left foot across right weight on balls of feet "breaking the ankles" right rolling to right through balls of both feet

& Rock weight to outside of left foot "breaking ankles" with weight slightly pressed onto left

6 Step back on right foot

7 Touch left toe to left side

& Push hips towards left, taking weight onto left foot

8 Keep feet in place push weight back to right, taking weight onto right foot

Geek In The Pink

Competition Step Sheet

DIVISION: NOVICE

Description: 32 counts. 4 Walls

Choreographer: Johanna Barnes

Music: "Geek in the pink" by Jason Mraz

Count in: 16 Counts after heavy beat kicks in.

Note: The dance will fade before the restart at approx 2.16



24-32 HIP PUSH FORWARD, SIT BACK, STEP $\frac{1}{4}$ TURN LEFT, $\frac{1}{2}$ TURN PIVOT LEFT, $\frac{1}{4}$ TURN SAILOR LEFT WITH OVER ROTATION, $\frac{3}{4}$ WALK AROUND RIGHT, STEP LEFT

& Keep feet in place, push hips to left taking weight onto left foot

1 Roll hips back into a sit taking weight right, left knee bent, raising left heel

2 Transfer weight forward on left completing $\frac{1}{4}$ turn left

3 Right step pivot $\frac{1}{2}$ turn left

4 Left step behind right turning $\frac{1}{8}$ turn left

& Step right foot to right side making an $\frac{1}{8}$ turn left and completing the $\frac{1}{4}$ turn

5 Left step slightly left, over rotate hips so legs are crossed to angle toward 11.00

6 Right step $\frac{1}{4}$ turn right forward

& Left step $\frac{1}{4}$ turn right

7 Right step $\frac{1}{4}$ turn right

8 Step forward on left foot

START AGAIN!